National Success

Created by Connecticut AHEC Program in 2004, YHSC was piloted in CTs’ four regional centers. The intent of the pilot was to inspire disadvantaged students to fulfill their dream of becoming a health care professional through meaningful service learning. The 50 high school students who participated in the pilot program did not realize they were launching an exciting national program.

Today, under the leadership of Patricia Harrity, Executive Director of Northwestern CT AHEC (NWCTAHEC), YHSC has become a national program replicated by 33 AHEC centers in 20 states. YHSC has received recognition from the National AHEC Organization, the National Health Service Corps and the Corporation for National and Community Service: Learn and Serve. As of 2009, 1600 YHSC volunteers have served an amazing 48,000 hours of service to disadvantaged populations in their communities!

YHSC is funded in part by grants from the Corporation for National and Community Service: Learn and Serve & The National Health Resources Services Administration (HRSA)

The vision of Eastern AHEC is to be a bridge between education and healthcare. YHSC is the premier youth health careers recruitment program. We are committed to achieving the highest quality outcomes for schools and students implementing YHSC.

Eastern AHEC is one of the nine regional Centers of the North Carolina AHEC program. The mission of the NC AHEC program is to meet the state’s health and health workforce needs by providing educational programs in partnership with academic institutions, health care agencies, and other organizations committed to improving the health of the people of North Carolina.

“Amazing things happened in AND outside my classroom…These are the experiences students NEED in high school and programs like the YHSC help to make it happen.”

Laura Gardner, CPhT, MAEd  
Perquimans High School Health Science Teacher

Students helping to create healthier communities through service learning...
The Youth Health Service Corps mission is to increase the number of diverse high school students who matriculate into post secondary health care education programs.

The Youth Health Service Corps is a health careers recruitment program that engages diverse high school students as leaders in meaningful community service learning that addresses community health issues. Student volunteers are trained using a six module curriculum that prepares them to serve in health care settings that serve the underserved. Once prepared, students choose independent service or group service learning projects to complete a minimum of fifty hours of service for completion of the program.

**Student benefits include:**
- Knowledge about health careers
- Participation in meaningful service
- Increase in academic & civic engagement
- Exposure to professional career role models
- Building their resume for college or work
- Participation in YHSC online social network of students with similar interests.

“I joined YHSC to gain a better understanding of what I can do for others and ways I can help my community.”
- S.W. NC high school senior

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**YHSC Program & Curriculum**

The Youth Health Service Corps is grounded in four sets of Standards: Academic Frameworks, National Health Care Skill Standards, K-12 Service Learning Standards for Quality Practice and the 40 Developmental Assets. Our goals are to:
- Increase student awareness of health careers
- Increase student involvement in service learning
- Increase student academic & civic engagement
- Strengthen AHEC partnerships between secondary, post secondary education & community based organizations

**Volunteer Training**

In preparation for service, students are trained in:

- **Module 1:** Leadership & Service Learning
- **Module 2:** YHSC Website Training
- **Module 3:** Vulnerable Populations Cultural Competency
- **Module 4:** Ethical & Legal Issues Confidentiality
- **Module 5:** Health Career Exploration
- **Module 6:** Health Care Skills
- **CPR & AED Certification**

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**Service**

Students who participate in YHSC are required to do community service that applies what they have learned in school to raise awareness of health issues, address a disparity, or assist a vulnerable population. Using the IPARDCS service learning process, small groups of students work together to Investigate, Plan, Act, Reflect, Demonstrate, Celebrate and Sustain projects that address important community health issues.

**Student Rewards & Recognition**

Students receive the YHSC Community Service Recognition Award supported in partnership with the National Health Service Corps for 50 hours of service. Students who serve a minimum of 100 hours over 12 months are eligible for the President's Volunteer Service Award.

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For more information call:

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252-744-5214

or

Visit us at:
www.ahecnation.org